

escape | Spa

# Autumn Packages

## *Awakening* | €99

1 Hour Hydrotherapy at The Vitality Suite

Cleansing hand welcoming ritual

Choice of 60 minute Warm Oil Full Body Massage or  
60 minute customised prescriptive facial.

Time at The Relaxation Suite with Autumnal fruits and refreshments

## *Restore & Repair* | €139

1 Hour Hydrotherapy at The Vitality Suite

- Cleansing hand welcoming ritual

- 30 minute Muscle melting back massage
- 50 minute customised prescriptive facial.

15 minute de-stressing head & Scalp massage

Time at The Relaxation Suite with Autumnal fruits and refreshments

## *Thyme to Escape* | €169

1 Hour Hydrotherapy at The Vitality Suite

Cleansing hand welcoming ritual

Choice of 50 minute Customised Facial or Back Neck & Shoulder Massage  
with Rosemary and Thyme infused aromas.

Choice of 15 minute Head Massage or foot massage

Dry Floatation session 30 minute

Time at The Relaxation Suite with Autumnal fruits and refreshments

Sharing Birdcage inspired by the English Market

Homemade pastry and Cocktail by Thyme at Seventy Six on the Mall